Key dates:

<table>
<thead>
<tr>
<th>Event</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 10 Central Australia Camp</td>
<td>10/9/14 to 19/9/14</td>
</tr>
<tr>
<td>Year 10 China Trip</td>
<td>10/9/14 to 25/9/14</td>
</tr>
<tr>
<td>Year 8 Karoonda Park Camp</td>
<td>6/10/14 to 10/10/14</td>
</tr>
<tr>
<td>Year 9 Melbourne Discovery</td>
<td>13/10/14 to 17/10/14</td>
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Message from Campus Principal - Michelle

TERM 3

Term 3 is now well under way with many activities already having taken place. In particular the PBS Student Leaders have been busy organising events and fundraising for different charities, including organising a Jeans for Genes event last week.

PBS Student Leaders have, for some years now, been running our school assemblies, and teaching staff have only small roles to play.

We had such an assembly today; we were very proud of Lyndsay in Year 8 who very confidently acted as Master of Ceremonies. PBS Leaders reported on their recent activities and also gave the whole campus an update on Year Level happenings. Being involved in this group certainly gives students the opportunity to gain confidence and refine their leadership skills.

Kurnai College Four Pillars

**Engagement:** We actively participate in our own learning

**Excellence:** We do the best that we can do

**Work Ethic:** We are committed to working hard

**Relationships:** We value and respect each other
Kids Teaching Kids Is On Again September 11th

On the 21st July, Year 7 had a “Kids Teaching Kids” lesson with Theresa Powles. She explained how we should present and make our activities interesting and engaging so no one will lose focus. At the very start of the lesson everyone got a piece of a small puzzle that they had to hold on to. We played a game where someone would say three things they liked and if you liked anyone of those things you would have to move to a different spot. After the game she told everyone to find their missing pieces of their puzzle, which then made groups to do the short activity. We learnt that people learn more if we are doing, seeing, hearing and reading about the topic. Overall, I’m sure everyone had a great time and learnt some new ways to teach kids or people.

Ajeep Magar—PBS Student Leader

Gippsland Water Factory

Last term, a group of Year 7 girls from the 7B science class visited the Gippsland Water Factory as part of an extension program on the ‘water cycle’ studied in class. The girls sat in on a presentation about local water treatment and water conservation and had the opportunity to develop their understandings through discussion with an industry professional. They also participated in hands-on activities where they were asked to come up with different water filtration designs (see below). It was a great afternoon away and the girls particularly enjoyed the interactive displays in the vortex centre.
A Lantern Parade- Shining the Light Community Recovering Together

Do you want to make a collaborative giant lantern or an individual lantern as a way of dealing with the Coal Mine Fire experience? The opportunity is there to make a lantern out of tissue paper and bamboo with community support. If interested please see Ms Benn by Tuesday 12th August so the materials can be ordered. The lanterns will be paraded with your families on Friday 17th October at Morwell Civic Gardens/Kernot Hall as part of a community event.

Lisa Benn

Music, Music and more Music……

Students are getting ready to perform the next series of performances called Be Our Guest, where a number of group and solo works prepared by students will be on display. Anyone and everyone can come and attend these performances. Performance information is as follows:

Be Our Guest #2 – at Kurnai College Morwell Campus in the Music Complex
  – Monday 11th August;

Be Our Guest #3 – at Kurnai College Churchill Campus in the Theatre
  – Monday 18th August.

Starting times: 6pm— Entry Cost: Gold Coin.

Kurnai Idol.....

Stay tuned. Things will be kicking off very soon.

2014 College Magazine

If any parent/guardian wishes to order and pay ($16) for the Kurnai College 2014 Magazine please make sure you do this by the end of Term 3. If your account is in credit or you have a centrepay deduction set up with the school and wish for these funds to be used for the payment of the magazine, please contact the office on 5165 0600.

A reminder to call our absence hotline 5165 0611 preferably before 9.00 am if your child is not going to be at school. This will ensure your child’s absence is recorded correctly and you don’t receive a phone call from our office.
Year 7 News

Last Saturday, about 30 Year 7s stayed at Kurnai for the Mission Winter Sleepout. We were noticing how homeless people have to live outside by themselves in the dark and the cold. It was a very cold night, we had to build box houses with only cardboard and nothing else. We were only allowed to bring a blanket. Overall, it was a great night out in the cold. Thank you to Mr Swallow and all the other teachers that helped out.

Emily Kerstjens - Year 7 PBS Student Leader

The Winter Sleepout was a fantastic success again this year. We raised nearly $150 for Mission Australia, but more importantly, students walked away with a clearer understanding of some of the hardships faced by Australia’s homeless. Little did our students know, they were actually lucky to be experiencing one of this winter’s warmer nights. I would like to recognise the staff who got involved with the event this year (Ms Benn, Ms Schwarzenberg, Ms Reid-Metcalf, Ms Wiegrandt, Ms Northover), staying up all night in the cold and creating a delicious soup kitchen. Without them volunteering their time away from their families, such experiences are not possible for your children.

On the 21st of July, Year 7 had a “Kids Teaching Kids” lesson with Theresa Powles. She explained how we should present and make our activities interesting and engaging so no one will lose focus. At the very start of the lesson everyone got a piece of a small puzzle that they had to hold on to. We played a game where someone would say three things they liked and if you liked anyone of those things you would have to move to a different spot. After the game she told everyone to find their missing pieces of their puzzle, which then made groups to do the short activity. We learnt that people learn more if we are doing, seeing, hearing and reading about the topic. Overall, I’m sure everyone had a great time and learnt some new ways to teach kids or people.

Ajeep Magar—PBS Student Leader

Recently, you will have noticed Kids Teaching Kids advertisements in our newsletter. We kick off this event in Year 7 this week with a lesson on sustainability before our students start forming groups and investigating their own sustainability project to teach to each other as well as students from all of our feeder schools later in the term. Many thanks to Lisa Benn for her organisation of this event.

We have been noticing a few students turning up to school without their devices recently, claiming that they are broken or not charged. We will be notifying those parents whose children are doing this on regular occasions so that the issues around the device being at school can be addressed. Where there is a legitimate reason, we can look to support the students with devices at school. The Year 7 program uses devices constantly throughout the day and they are an essential element of the learning that occurs. Please note that you can follow the Investigate program online by contacting the General Office and requesting your child’s access code which you need when creating a profile at www.schoology.com. This will allow you to see most of the work being done, the daily notices as well as the homework being set for Investigate.

Please don’t hesitate to contact me if I can be of assistance with any element of the Year 7 program.
Year 8 News

Inspiring Young Women

A career-focused event has been organised for all of the Year 8 girls at Morwell Campus on 20th August. The girls will have the opportunity to meet with a number of women from the local area with a range of career experience. Students will be engaged in discussions of education, career options, pathways and lifestyles. They will be treated to a free formal dinner and games with our guests. Thank you to the Smith Family and Baw Baw LLEN for organising the event. Kurnai College will cover the transport costs so there will be no cost to students. The boys will also have the opportunity to participate in a similar event later in the year.

Karoonda Park Camp

The Karoonda Park camp permission forms are now due back. The camp will run in the first week of Term 4, from 6th—10th October. Karoonda Park is located near the Alpine and Snowy River National Parks, wilderness areas and state forests. It provides a convenient base for exploration of this special country.

The activities will include a range of outdoor adventure and farm experiences such as horse riding, abseiling, white water rafting, caving and ropes courses. Students will be able to challenge their personal boundaries in a safe and supportive environment and will further develop their team building and social skills.

A reminder to call our absence hotline 5165 0611 preferably before 9.00 am if your child is not going to be at school. This will ensure your child’s absence is recorded correctly and you don’t receive a phone call from our office.
Year 9s went on a visit to the Job Skills Expo last week at Lardner Park. This gave students some information about career paths and university courses that they could access. The Expo involved a number of schools from the local area and it was pleasing to see the behaviour of our students was of a high standard. Following on from this is the work that students should be completing in team time which involves completing MIPs, online tasks and writing their resumes.

A reminder to Year 9 students to check their learning behaviour reports on Compass. Some students will be receiving certificates for their efforts later this week. Students should currently be setting themselves targets in order to make progress in their learning. If they need support with this they can speak to their form tutors.

Year 9 will be going on their Melbourne City Camp in Week 2 of Term 4. The cost of the trip will be approximately $350-$400. If families wish to start making payments towards this then please speak to the office staff who will set up a payment plan for you.

I have been visiting a number of classes this week and it was wonderful to see the engaging conversations going on in 9A’s classroom about the opportunities that are available for them in the community. 9B have been engaged in some active learning outside the classroom as part of their science work on volcanoes using Mentos in a coke bottle.

Finally, the Year 9s have again been on a fundraising mission. The students have completed another car wash to raise funds for a fellow student. We have raised nearly $400 which we will present to him next week. We are also preparing for our big fundraiser, The Kurnai Shave. Some staff and students will be shaving or cutting their hair or waxing their legs! One student in particular has raised another $400 on her own by setting up a webpage and getting people to sponsor her to cut her hair. An awesome effort and shout out to our student of the week, Rachel Peters.

Emma Hudson: Year 9 Team Leader
Year 10 News

Preparing for Course Selection

The next few weeks for this school term will be a very busy and important time for our students. There will be Course Counselling on Wednesday 20th August between 2pm and 6.30pm to guide students in selecting their choice of subjects for next year and their preparation for their career pathway in the subsequent years. Appointments will be for 15 minutes.

I would encourage all students to start a dialogue with their teachers with regards to their planning, identifying their strengths, and working on the strategies to achieve the best outcomes for their final years of schooling and beyond. Students will need to sign up themselves and their parent for a 15 minute appointment time on the sheets in the Common Room.

Exploring Pathways

Students have the opportunity to attend information days on a variety of pathways including agriculture, health, police and armed services. Notices are displayed on the Year 10 noticeboard and flyers are also attached to this newsletter when they arrive.

Students @ Work

Recently three of our Year 10 students from Morwell Campus, Andrew Lethaby, Leticia Dalton and Lachlan Arnold, were selected to participate in the Students @ Work program. The program involved students attending AGL Loy Yang for one week and working on a project which included collecting data on a typical day in the lives of an AGL employee, working as a team to collate the data and present their findings to family members, teachers and employees. Andrew said “Going to Loy Yang for one week was a great experience, working with new people and trying to figure out how to make a worker’s job more productive and learning so much about how the power station works and functions”.

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To ensure the smooth organisation and running of camps and excursions we request that permission forms and payments be returned to the school by the due date on the permission form. This enables the purchase of train tickets, food and venue tickets, etc, in a timely manner.

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Amount</th>
<th>Date Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Glee Club</td>
<td>28/2/14 to 12/12/14</td>
<td>$NIL</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Year 9 Salvation Army Op Shop</td>
<td>25/2/14 to 12/12/14</td>
<td>$NIL</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Year 9 Mid Valley Kinder</td>
<td>1/5/14 to 5/12/14</td>
<td>$NIL</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Year 9 Primary School Visits</td>
<td>2/5/14 to 5/12/14</td>
<td>$NIL</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Year 9 Mitchell House</td>
<td>5/5/14 to 1/12/14</td>
<td>$NIL</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Year 7/8 Swimming</td>
<td>21/07/14 to 12/12/14</td>
<td>$NIL</td>
<td>Before 2pm 17/7/14–Ongoing</td>
</tr>
<tr>
<td>SRC Congress 2014</td>
<td>15/8/14</td>
<td>$NIL</td>
<td>Closed</td>
</tr>
<tr>
<td>Inspiring Young Women</td>
<td>20/8/14</td>
<td>$NIL</td>
<td>Before 2pm 18/8/14</td>
</tr>
<tr>
<td>Year 8 Karoonda Camp</td>
<td>6/10/14 to 10/10/14</td>
<td>$420</td>
<td>Before 2pm 7/8/14 with $150 deposit to secure your spot</td>
</tr>
<tr>
<td>Year 10 Central Australia Camp</td>
<td>10/9/14 to 19/9/14</td>
<td>$855</td>
<td>Closed</td>
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<tr>
<td>Year 10 China Trip</td>
<td>10/9/14 to 25/9/14</td>
<td>$2,500</td>
<td>Closed</td>
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</tbody>
</table>
Every week staff at Kurnai College identify students who they feel are reflecting the four pillars of Kurnai College and send them a postcard. The pillars are **Relationships, Work Ethic, Excellence and Engagement**. Congratulations to the following students who received a postcard recently.

<table>
<thead>
<tr>
<th>RELATIONSHIPS</th>
<th>ENGAGEMENT</th>
<th>WORK ETHIC</th>
<th>EXCELLENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amanda Millet</td>
<td>June Sriamnuay</td>
<td>Jessica Speake</td>
<td>Ryan Schopp</td>
</tr>
<tr>
<td>Rachael Peter x 11</td>
<td>James Solomon</td>
<td>Jasmine Silvester</td>
<td>Michael Mitchell</td>
</tr>
<tr>
<td>Casey Braad</td>
<td>Brendan Cooper</td>
<td>Libby Towns</td>
<td>Jemma Kingston</td>
</tr>
<tr>
<td>Eryn Dowe</td>
<td>Jack Blachford</td>
<td></td>
<td>Leticia Dalton</td>
</tr>
<tr>
<td>Sophie Greenwood</td>
<td>Emma Darling</td>
<td></td>
<td>Andy Lethaby</td>
</tr>
<tr>
<td>Taria Dykes</td>
<td>Britney Towers</td>
<td></td>
<td>Lachlan Arnold</td>
</tr>
<tr>
<td></td>
<td>Jordan Johnson</td>
<td></td>
<td>Livinia Dykes</td>
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<tr>
<td></td>
<td>Nathan Lansdown</td>
<td></td>
<td>Brittany Chalmers</td>
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<tr>
<td></td>
<td>Taylor Hess</td>
<td></td>
<td>Seth Benson</td>
</tr>
<tr>
<td></td>
<td>Annalise Taylor</td>
<td></td>
<td>Chelsea Radford</td>
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<tr>
<td></td>
<td>Tyrese Hunia</td>
<td></td>
<td>Billie Hamden</td>
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<tr>
<td></td>
<td>Dawa Alemin</td>
<td></td>
<td>Nateisha Skinner</td>
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<tr>
<td></td>
<td>Zac Wright</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Bradley Richardson</td>
<td></td>
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<td></td>
<td>Skye Woods</td>
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**PBS**

**2014 Postcard Competition**

Each year students across the campus are invited to enter the ‘PBS Postcard Competition’ to create new designs for each of our schools four pillars; Relationships, Engagement, Work Ethic and Excellence. This year saw the entrants write a short summary describing what they think it means to display behaviours around their selected pillar.

We would like to thank all of the students who entered the competition and congratulate the following students on their winning designs:

**Abbey Brabazon** – Relationships, **Joshua Lawrence** – Engagement, **Nathan Britt** – Work Ethic and **Stacey Rogers** – Excellence.
Over the next few weeks Year 10 students will be participating in the next stages of selecting their Year 11 subjects for 2015.

Students will be provided with GEP handbooks and an initial pre-selection sheet to take home and discuss with you. On Wednesday 30th July (Churchill) and Wednesday 6th August (Morwell) students had the opportunity to meet teachers from the Precinct Campus at school to complete their tentative subject selections and gain an idea of what subjects they are interested in for 2015. They were also able to discuss what subjects would be most suitable for their future career aspirations.

*It is most important that parents attend Course Counselling sessions with their student on Wednesday afternoon - 13th August (Churchill Campus) or 20th August (Morwell Campus) to finalise subject selections. Please note that students will have a specific appointment time on these days. More information will be sent home from school.

If you have already organised a VCAL interview time, you and your student will not need to attend the days at Morwell or Churchill Campuses.

Parents, please look through the handbook and discuss with your child his / her future career aspirations. The school provides a lot of support in selection of subjects, careers advice and ensuring the smoothest transition possible from the junior campuses to the Precinct.

All 2015 Year 11 and Year 12 students are required to attend the compulsory Headstart classes at the Precinct Campus in early December this year.

We look forward to a positive and smooth transition for your student into Year 11.

Michelle Moore (Transition Coordinator)
KURNAI COLLEGE

VOLUNTEER SIGN UP DAY

TUESDAY 12th AUGUST 2014

This is a great opportunity for parents and members of the community to obtain a FREE voluntary Working with Children Check (WWCC)

Register your area of interest, where would you like to help? Volunteering jobs at Kurnai range from in and out of the class room.

Student’s parents from all three school campuses are invited as well as any members of the community wanting to donate some time.

Please call or email
Julie 0427 725 595
julie.nethercote@thesmithfamily.com.au
or Sarah 0418 523 861
sarah.barclay@thesmithfamily.com.au
To book, bookings are essential
LOWES

SCHOOL UNIFORMS

Your school uniform is now available online at

www.lowes.com.au

FREE SHIPPING FOR ORDERS OVER $100

Register online and receive a DISCOUNT ON YOUR FIRST ORDER
Homestay/Host families provide an authentic, safe environment for 15 – 18 year old overseas students, coming to Australia, for study.

Homestay families are paid a fee to cover weekly food and utility costs. Students’ stays can vary from one year to three years.

If you, friends or family are interested and would like further information please contact Geoff Block or Corine Noblet at Kurnai College on (03) 5132 3800.
GIPPSLAND POWER FOOTBALL CLUB

Will be holding Under 10, 12 and 14 Fitness and Skill acquisition days at the Gippsland Power Centre Of Excellence Morwell Football Ground, Travers Street, Morwell

Features
• Elite Coaching
• Skill Acquisition
• Fitness Testing
• Skill Testing
• Pathway Brief
• Training Session

JUNIOR COACHING PROGRAM
Under 10 Monday 29th Sept 2014
Under 12 Wednesday 1st Oct 2014
Under 14 Friday 3rd Oct 2014
(Numbers will be capped)

Time: 10.00am to 3.00pm
Cost: $100.00 For registrations please contact the Gippsland Power Football Club

Club office on 5134 8133

*Registrations close on Friday Sept 19th*
Battle of the Bands

Featuring...
Half The Sky
Dying For Daylight
Regenerate
Crimson Drones

Last Years Winner
Darcy Fox

Inferno Nightclub Traralgon | 15th August 5 - 10 pm | Tickets at $10
Sponsored By ZanAri Records | Contact: headspacecwg@gml.org.au
The effects of smoking on the body

Smoking affects many parts of the body, both inside and outside. Some of the effects happen straight away and others take longer to occur. The diagram below shows some of the harmful consequences of smoking:

**Immediate & Short-term**
- Smelly hair
- Less oxygen to the brain
- Yucky skin, smelly breath and stained teeth
- More coughs and colds

**Medium & Long-term**
- Stroke
- Blininess
- Gum disease, leading to tooth loss
- Mouth and throat cancer
- Heart disease, heart attack
- Emphysema (walls of lung tubes collapse)
- Lung cancer
- Stomach ulcers
- Skin becomes dry, discoloured and wrinkled
- Bladder cancer
- Infertility, impotence
- Poorer muscle tone

You can greatly reduce the risks of these effects by choosing to be smoke free. Some of the benefits of being smoke free are:

- Healthier skin
- Fresh-smelling clothes and hair
- Fresh breath
- Whiter teeth
- Better sense of taste and smell
- Improved fitness
- Less sickness
- Saving money
- Helping save the environment
- Most people are smoke free.

Many people who start smoking think they will be able to stop whenever they want. Unfortunately, the younger people start smoking the harder it can be to quit. Most adult smokers wish they had never started in the first place.
Tips for staying active this winter!

Exercise Induced Asthma (EIA) is a common trigger for asthma. However, it does not need to be a barrier to Students participating in sports and physical activities.

Here are some tips to help prevent EIA in students:

Before Exercise take reliever medication 5-20 minutes before warming up.

Warm Up before exercise as normal.

During Exercise watch for asthma symptoms and administer reliever medication if they should occur. Only return to exercise if symptoms are relieved. If symptoms appear again, administer medication again, until they are relieved. It is not recommended that the Student should return to the sporting activity after a second occurrence of asthma symptoms.

After Exercise cool down as usual. Note that asthma symptoms can present up to a half an hour after exercise has stopped. Ensure reliever medication is still easily accessible should it be required.

Other things to remember:

- Ensure all students have current Asthma Action/Care Plans
- If possible make activities that are scheduled for the night indoors as the drop in air temperature makes air colder to inhale and acts as a greater trigger.
- Encourage students with asthma to participate fully!
our clubs

Meet Lions Clubs meet twice a month and feature interesting guest speakers and are a great way to meet new people.

We have feedback and Clubs are always on the lookout for different and entertaining activities for our meetings.

Join us! If you have a great idea, don’t keep it to yourself.

Lions is ready for change too. Lions are busy people and they know that whether you are starting your careers, have a young family or are managing a busy day, it can be hard to fit things in.

Be part of the change and help your Club be part of a great future for Lions and Australia.

what we do

At Lions the emphasis is on community service. Our programs support anybody who needs our help. Programs are conducted on a local, national and international level.

Some of our initiatives include:

- Sight conservation work with the blind
- Hearing and speech action
- Drug education
- Environmental preservation and regeneration
- Recreational activities and services

Lions also contribute to the development and care of Australia’s elderly. Our youth initiatives include:

- Living skills program
- International Youth Exchange program
- National Youth of the Year Quest
- Lion Cub

So come along and find out how you can make a difference!

people like you

Join a Lions Club near you and make a difference to your life and the lives of countless others.

Just some of the good things about being a member of Lions:

- Service to the community
- Learning new skills
- Leadership
- Personal development

about lions

Myles Jones started the first Lions Club in the United States of America in 1917. Jones wished to launch a club that had community service as its primary aim. And so Lions was born.

Worldwide, the International Association of Lions Clubs has a membership of over 1.5 million in more than 200 countries and geographical areas, making it the world’s largest and most active service organization.

In Australia, the first Lions Club was formed in 1947 in the northern NSW town of Lismore. Today we have over 1,400 clubs, 30,000 active members and there is a club near you.

One more member gives us two more hands to do service in our community, at home and internationally.

as a member

Joining a new organization can be daunting but don’t worry; with Lions you can participate at a level that suits your work, family and other commitments also.

Our members are men and women of all ages, occupations and interests. We are non-sectarian and non-political.

Once a member you can choose the activities and committees that you want to be involved in and you will have every opportunity to develop your leadership and organizational abilities.

If you choose, you may take on offices that suit you right through to presidency of your Club – and beyond to district and international levels of involvement.

Join us today!