Hello Everyone,

Next week will be the last week of classes for Year 12 VCE students. On Wednesday, 26th October the first of the VCE exams begins. We wish all of those involved the best of luck, even though we all know that in this particular area you make your own luck.

Most Year 12 VCAL and non-ATAR students have already finished their year and have started to take the first steps into the next stage of their lives. Whether that is work, apprenticeship or further training we wish them well.

It has been a long process and all of the students who have reached this point deserve to be congratulated for their hard work and perseverance. We look forward to seeing you at the Graduation Dinner on 22nd November. Now stop reading this and get back to studying! 😊

Geoff and Nello
Year 12 Graduation Dinner

Graduation tickets are now available from the General Office

Students may purchase one, (1), ticket for themselves plus may purchase two, (2), additional tickets.

Venue: Permiere Function Centre, Grey Street Traralgon at 7.00p.m.

Dress: Semi Formal - Tickets $50 - 2 Course Meal - Drinks - DJ - No Alcohol Permitted.

Interschool Debate

Six students represented Kurnai College in the interschool debate on October 7th, 2016. The debate was organised by Melinda Lieshout from Maurice Blackburn Solicitors and students competed admirably, coming second overall to St Paul's Anglican Grammar School.

In the prepared topic, Australia should abolish compulsory voting, debaters, Isis Turner, Michelle Hawkes and Will Morgan defeated Flinder's Christian College and received excellent feedback from the adjudicators.

The secret topic, Higher Education should be free, was revealed to students, Josh Monaghan, Brandon Mehmet and Casey Braad on the day. They had 45 minutes to prepare and then compete. The students performed confidently and presented excellent arguments.

Josh Monaghan won best speaker of the day.

Kurnai College Four Pillars

Engagement: We actively participate in our own learning

Excellence: We do the best that we can do

Work Ethic: We are committed to working hard

Relationships: We value and respect each other

A reminder to call our ABSENCE HOTLINE 5132 3711 preferably before 9am if your child is not going to be at school.

This will ensure your child’s absence is recorded correctly and you don’t receive a phone call from our office.
Careers News

Reminder

- YEAR 12 VICTORIAN TERTIARY ADMISSIONS CENTRE (VTAC) - timely applications closed on 29 September; applications can still be made, but now cost $100.

This is the last newsletter for 2016. Best wishes to those of you who move into other forms of education in 2017, be it University, VET, an apprenticeship or traineeship, or into employment.

YEAR 12 AND VTAC

- Late course applications can still be made, but now cost $100 (till 4 Nov). After that applications cost $130 (till 2 Dec). The payment deadline for most applicants is 19 December.
- Course preference changes can be made till 12 noon 20 December, except for the period 8 – 21 November; they can also be made between Offer Rounds in January and February.
- The first Offer Round of courses will be on 18 January, the second on 7 February. There will be three later rounds of offers as well.
- You are advised to accept your first offer of a tertiary place. Most applicants will only receive one offer. Accepting an offer does not stop you from receiving a later offer for a course higher in your preference list.

Where can I get Assistance during 'Change of Preference' Week? The week after you receive your ATAR is generally known as Change of Preference (COP) week (Mon 12 – noon on Tues 20 December). During this time tertiary institutions run information sessions, COP Expos, offer phone assistance, and will help you in any way they can. You can also obtain assistance at school. These institutions are offering the following (check online for more details)

- **Australian Catholic University** – Hotline: 1300 ASK ACU (1300 275 228); COP event on Tuesday 13th December.
- **Box Hill Institute** – Hotline: 1300 BOX HILL (1300 269 445); 5-7pm, COP Night 14 December (all Campuses)
- **Charles Sturt University** – Hotline: 1800 334 733
- **Chisholm** – Hotline: 1300 244 746
- **Deakin University** – Hotline: 1300 DEGREE (1300 334 733); Chat online with staff and ask questions: [http://choose.deakin.edu.au/](http://choose.deakin.edu.au/)
- **Federation University** - Hotline: 1800 333 864
- **Holmesglen** – Hotline: 1300 693 888
- **Kangan** – Hotline: 13 8233
- **La Trobe** – Hotline: 1300 135 045; Advisory Day, Tues 13 December (Bundoora 10am-2pm), (Bendigo 11am-2pm).
- **Melbourne Polytechnic** – Hotline: 9269 1200
- **Monash** – COP Expo: 3-7pm, Wed 14 December, Building H, Caulfield Campus, 900 Dandenong Rd, Caulfield East; COP Hotline: 1800 MONASH (1800 666 274); see [www.study.monash](http://www.study.monash)
- **RMIT** – Hotline: 9925 2260; Visit Info Corner, 330 Swanston St, Melbourne (Cnr. La Trobe St); COP Expos: Arts, Design, Communication, Justice, International & Community Services courses 11am-1pm, 14 Dec; Business courses 3-5pm, 14 Dec; Science, Engineering & Health courses 11am-1pm, 15 December; [http://inspired.rmit.edu.au](http://inspired.rmit.edu.au)
- **Swinburne** – Hotline: 1300 275 794; COP Expo: 11am-4pm, 14 December (Hawthorn Campus); See: [www.swinburne.edu.au/choose](http://www.swinburne.edu.au/choose).
- **University of Melbourne** – Hotline: 13 MELB (13 6352), email [13MELB@unimelb.edu.au](mailto:13MELB@unimelb.edu.au)
- **Victoria** – Hotline: 1300 VIC UNI (1300 842 864); Book appointment: [www.vu.edu.au/change](http://www.vu.edu.au/change); COP Expo: 3.30-6.30pm, 14 December (Footscray Park)
- **William Angliss** – Hotline: 1300 ANGLISS (1300 264 547)
Careers News Contd...

University of Melbourne News

- **Transparency of Offers and ATAR’s** – Students wishing to learn more about the distribution of ATAR’s in the previous January offer round can check out details. See: [www.futurestudents.unimelb.edu.au/admissions/entry-requirements/summary-of-undergraduate-offers](http://www.futurestudents.unimelb.edu.au/admissions/entry-requirements/summary-of-undergraduate-offers).

- **New Science Majors in 2017 – 41 areas of specialisation** are now available in the B. Science with the addition of Data Science and Environmental Engineering Systems. A data science major gives graduates a deep understanding of how to apply statistical and computing principles to working with big data. The other new major focuses on the interactions between physical materials and processes, and human and non-human organisms - [www.bsc.unimelb.edu.au](http://www.bsc.unimelb.edu.au).

- **International Student Consultations** – Year 12 students can book a consultation at Melbourne to discuss study options, applications and support services. When: 2 - 5pm Tuesdays and Wednesdays; Register: [www.futurestudents.unimelb.edu.au/consultations-yr12](http://www.futurestudents.unimelb.edu.au/consultations-yr12).

- **Resources for Indigenous Students** – those applying for Melbourne are eligible for entry and scholarship consideration under the Access Melbourne scheme. Also offered are the 4-year Bachelor of Arts (Extended) and Bachelor of Science (Extended) for Indigenous students. Support is available through Murrup Barak, the Melbourne Institute for Indigenous Development.

**Indigenous Students: Think your Way**

Get inspired and build aspirations by checking out this portal, providing information, links and resources and videos of Aboriginal and Torres Strait Islanders ‘thinking their way’ to achieving educational ambitions. See: [www.thinkyourway.edu.au](http://www.thinkyourway.edu.au).

What if I do not get a high enough ATAR to get into my desired course?

Many pathways and programs exist to assist in getting to where you want to go. Suggestions:

- Complete a Diploma of Tertiary Studies at Monash University in either business, education or nursing (ATAR 50+) OR a Diploma of Higher Education (ATAR 65+); Indigenous pathways - See: [www.study.monash/how-to-apply/indigenous_student-applications](http://www.study.monash/how-to-apply/indigenous_student-applications).
- Complete a course at Monash College in Art & design, Arts (Human Behaviour or Psychology streams), Business or Commerce, Engineering or Science; search Courses on VTAC website.
- Complete a course at Deakin College in Commerce, Computing, Engineering, Health Sciences, Management, Media and Communication or Science.
- Complete a UniLink Diploma at Swinburne (Arts and Communications, Business, Design, Engineering, Health Science, IT, Science).
- Complete a Diploma at La Trobe Melbourne in Biosciences, Business, Engineering, Health Sciences, IT or Mass Media Communications.
- Complete a Tertiary Preparation Course at RMIT in engineering or science.
- Consider studying a related University course with a lower ATAR; if you do well you MAY be able to transfer to your desired course later.
- Start with a VET (TAFE) course in a related field; two years of VET often equals one at University.
- Complete a Tertiary Studies Diploma at Melbourne Polytechnic (Preston).
- Complete a Certificate IV in Liberal Arts – a pathway into a range of degrees. Swinburne and Victoria Uni have this Certificate.
- Consider a country/rural Campus: ATAR’s are often lower, usually due to lower demand; most have accommodation (apply ASAP).
- For nursing consider first completing Division 2 at TAFE or a private provider - eg. Box Hill, Chisholm, Federation, Goulburn Ovens, Holmesglen, RMIT or Swinburne.
- Complete a Victoria University Foundations@VU alternative entry to higher education and diploma studies course - a 13 week course designed to build academic skills needed for tertiary study. See: [www.vu.edu.au/courses/foundations-at-vu-ivac](http://www.vu.edu.au/courses/foundations-at-vu-ivac).
- Complete a 2-year Associate Degree – want to study at University but not sure you will meet the entry requirements for a bachelor’s degree? Several Universities offer these (eg Deakin, RMIT).
Careers News Contd...

Kurnai Pillars

Work Ethic

‘We are committed to working hard’

Excellence

‘We do the best we can do’

Relationships

‘We value and respect each other’

Engagement

‘We actively participate in our own learning’
Careers News Contd...

**SCHOOL-BASED TRAINEESHIPS**

Earn while you learn

School Based Apprenticeships and Traineeships (SBAT) offers students the option of combining part-time employment, school and training. This is a fantastic way for you to gain valuable work and life experiences, earn money and gain a formal qualification, while undertaking your secondary school education.

**CERTIFICATE II SBAT OPPORTUNITIES WITH AGA AVAILABLE:**

<table>
<thead>
<tr>
<th>Suburbs Available</th>
<th>SBAT Opportunities</th>
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<tbody>
<tr>
<td>Northern Suburbs</td>
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<tr>
<td>Eastern Suburbs</td>
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<tr>
<td>Western Suburbs</td>
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<tr>
<td>Gippsland Education Precinct - Churchill</td>
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<td>Narrang, West Gippsland</td>
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<tr>
<td>Korumburra, South Gippsland</td>
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</tbody>
</table>

**IF YOU ARE INTERESTED IN APPLYING FOR AN SBAT WITH AGA, VISIT AGA.COM.AU TODAY.**

**HOW THE PROGRAM WORKS:**

- The SBAT works 1 day per week for 40 weeks.
- The TAFY undertakes 6 hours of learning per week for up to 46 weeks.
- AGA pays the SBAT an hourly rate for their time worked with the host.
- Host employer pays SBAT for SBAT work.

**WHAT ARE THE BENEFITS TO STUDENTS?**

- There are countless benefits to students who undertake an SBAT while completing their VCE or VCEAL.

- Gain a nationally recognised Certificate II qualification
- Earn a wage while you learn
- Opportunity to gain hands on experience in your chosen field
- Possible pathway to obtain a full-time apprenticeship or traineeship
- Learn real life employability skills and much more

**WHY CHOOSE AGA?**

AGA have been successfully hiring high quality apprentices and trainees to industry for over 90 years. AGA is dedicated to finding placements for every SBAT student for the entirety of their program. The 7 hour work placement is paid to the school-based trainee by AGA.

Each student will be assigned a field officer who will act as a mentor. AGA will conduct on-site visits to the student and host employer every 4-6 weeks. The student will have access to the field officer at any one time over the phone or face to face where necessary.

**AGA**

Managing Director: Shane Fennelly
Email: shane@aga.com.au
Phone: 1300 242 848

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Email: shane@aga.com.au
Phone: 1300 242 848
Take a Break

We have been taught for a long time with homework and study to keep working hard! Come on! Get on with it. No time to stop. The truth is that frequent breaks are the key to success. A studying approach that deals in 5-20 minute bursts of study is seen by most as the key to best results.

What we typically do is work and work and get more tired, more distracted and as a result more bored and less productive. When the finish line is not in view and you are just plodding away it can feel like the remainder of your life will be stuck in this book? And we then make excuses for quitting or are understandably upset when results don't go our way in tests. So what do we do instead?

The tip for unleashing our brain to work at its prime is relaxation and concentration. Sounds simple and logical but we rarely do either or both of these things. We are often tired and overworked from school/life, etc. so when we get into study our brains are too active to think/recall clearly. When we do study we also don't put much effort into 'what we want to achieve'. Therefore our focus and concentration isn't what it could be.

The answer to all of this is:

1. Prepare to study:
   - What do you want to learn/revise?
   - How can you separate this into blocks of time (5-20 minutes)
   - Get your materials out and what you will use to take notes, etc.

2. Prepare your brain:
   - Relax. If you are not into meditation or yoga then simply take 4-5 deep breaths and DON'T think about your task or what you need to do later, or anything that is related to the past or future. If you need something to focus on – then focus on your breathing going in and out.

3. WORK HARD and WITH PURPOSE
   - Set your timer for the 5-20 minutes you think you need and work hard –focused SOLELY on the task you are doing.
   - Stop
   - Walk around, stretch, breathe and when you are relaxed again – go again. You should be able to maintain a HIGH FOCUS and PURPOSEFUL CONCENTRATION for longer and your results will astound you. It's also far more fun studying in 5-20 minute blocks than for 3 hours.

If you are a student studying for exams. Take this advice and work through it. It may make a big difference to how you prepare.

If you are a parent then please support this approach with your kids as it is a practice that could help them for many years to come if they see its benefits now.

For any further advice or tips on how to study best please see David Shields at the school or email at: shields.david.p@edumail.vic.gov.au
Accessing VCE Results

The Victorian Curriculum and Assessment Authority requests that schools encourage students to make use of the range of options available to access their VCE, VCAL and VET senior secondary results. This will ensure students are able to access their results in a timely manner on results release day, Monday 12 December 2016.

Students can access results through the following options:

- SMS service (includes the ATAR) – this 'push' service is detailed in the VCE Exams Navigator 2016 and requires students to register. A small fee ($1.10) is charged for this service
- Web-based results service (includes the ATAR) – this 'pull' service experiences high demand between 7.00am and 7.30am on results release day, which could cause a slight delay in students accessing their results
- Mail – Statement of Results are posted to students’ home addresses
- Home school – At their own discretion, schools may also choose to use VASS to print a VCE Result Summary Report for each student and make these available at 7.00am on results release day. Schools receive the results on the Sunday prior to results release
- Digital Delivery Pilot - in 2016 the VCAA is conducting a Digital Delivery Pilot, using direct email to communicate individual results to students. Schools can use the attached registration form to record personal email address for each student who wishes to participate in the pilot. Participating students will receive an email at 7.00am on results release day containing their final grades and study score. The VCAA will not use student details obtained through this process for any unauthorised purpose.

Please see Ms. Cropper (VCE Coordinator) if you are interested in receiving your VCE results via email at 7.00 a.m. on results release day.

16 Tips for Parents in Exam Period
(Extract from The Age)

- Guide, support and encourage your child.
- Don't nag.
- Don't tell them they will fail if they don't work harder.
- Encourage healthy eating, regular exercise and plenty of sleep.
- Take their efforts seriously.
- Create an effective work space in the house.
- Take a whole-family approach to supporting the student.
- Don't overload them with domestic chores.
- Let them know that you’re there when they need you.
- Encourage them to believe in themselves.
- Remind them of their goals.
- Give them positive feedback whenever possible.
- Remember the VCE is about them, not you.
- Encourage them to take study breaks when necessary.
- Help them put the year in perspective.
- Keep an eye on their emotional health; look for changes in sleeping or eating and see your local doctor if concerned.

Good luck to all our students and their families in the exam period.

VCE External Exams – Navigator 2016

The final written exams for Year 12 start on 26th October with English and EAL at 9.00 a.m. to 12.15 p.m. All examinations will take place in the Green Inc. building.

Students are expected to arrive at the exam at approximately 8.30 a.m. so checking of dictionaries and stationery can take place.

To access the timetable and the approved materials and equipment for VCE written examinations please access www.vcya.vic.edu.au/pages/vce/exams/index.aspx

An assembly will be held before the end of term to students.

Please encourage your son/daughter to access past examination papers and examiners reports and practice some of the questions. Teachers will be happy to assess their practice attempts.

USEFUL WEBSITES

www.vcya.vic.edu.au
www.vtac.edu.au
Congratulations to our Positive Behaviour Support Recipients

<table>
<thead>
<tr>
<th>Work Ethic</th>
<th>Excellence</th>
<th>Relationships</th>
<th>Engagement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jacinta Davis</td>
<td>Montana Badcock</td>
<td>Emily Dalpozzo</td>
<td>Ryan Baptie</td>
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<td>Peter Duncan</td>
<td>Rebecca Borg</td>
<td>Matthew Devonshire</td>
<td>Zac Cantrill</td>
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<td>Jamie Mareska</td>
<td>Sophie Greenwood</td>
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<td>Emily Richardson</td>
<td>Daniel Wynne</td>
<td>Chylari Hood</td>
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<td>Neil Zhu</td>
<td>Tegan Hughes</td>
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<td>Chloe Libreri</td>
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<td></td>
<td>Cooper Turner</td>
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### Key Dates

**Calendar of Excursions / Camps**

<table>
<thead>
<tr>
<th>Excursion Date</th>
<th>Excursion</th>
<th>Cost</th>
<th>Form &amp; Payment Due</th>
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</thead>
<tbody>
<tr>
<td>Oct 3– Nov 21</td>
<td>VCAL Sport Term 4</td>
<td>$15</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Every Monday</td>
<td></td>
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<tr>
<td>Oct 15</td>
<td>Sociology Revision</td>
<td>$30</td>
<td>Oct 6</td>
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<tr>
<td>Oct 17</td>
<td>Clay Shooting</td>
<td>$0</td>
<td>Oct 14</td>
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<tr>
<td>Oct 17</td>
<td>College Music Concert</td>
<td>$0</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Oct 18</td>
<td>HMAS Cerberus</td>
<td>$0</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Oct 18</td>
<td>The Big Day Out</td>
<td>$0</td>
<td>Letter sent home</td>
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<tr>
<td>Oct 21</td>
<td>AIME Celebrations</td>
<td>$0</td>
<td>Oct 19</td>
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<tr>
<td>Oct 24 - Oct 26</td>
<td>Yr. 11 Outdoor Ed. Rail Trail Camp</td>
<td>$55</td>
<td>Oct 19</td>
</tr>
<tr>
<td>Nov 17 - 21 Nov</td>
<td>Energy Breakthrough Camp</td>
<td>$0</td>
<td>Nov 11</td>
</tr>
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### Kurnai College Four Pillars

**Engagement:** We actively participate in our own learning

**Excellence:** We do the best that we can do

**Work Ethic:** We are committed to working hard

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Kurnai College
Music Department Presents...

**Kurnai Idol 2016**
A Student Vocal and Accompianist Competition.

**Grand Final**
Monday
24th October @ 7pm

**Kurnai College**
Churchill Campus
Language Centre
Northways Road, Churchill

$5.00 Adult $2.00 Child
Pay upon arrival.

Major Prize for Idol Winner
See the Champions from Each Campus Compete for the Ultimate Title

Light refreshments is provided and can also be purchased

The 2016 **Kurnai Idol** is proudly supported by
A & P Music
Valley Trophy Centre
Kurnai College
2016 College Music Concert

Featuring:

College Concert Band
College Guitar Ensemble
College Choir
KP Noisemakers
Individual Artists

Kurnai College
Pathways to Success

Monday
17th October
@ 6:30pm
Hexagon

MORWELL CAMPUS
Bridle Road
MORWELL

Gold Coin Donation

Light refreshments is provided and can also be purchased
Learn how to save $2000 a year on your grocery shop!

**Session 1**
**HEALTHY EATING & NUTRITION SESSION**
Where: Churchill Neighbourhood Centre
When: Tuesday 15 November
Time: 1-3pm
This session involves increasing our knowledge about the link between diet and disease and learning about the Healthy Eating Pyramid by participating in activities in a relaxed, informal setting.

**Session 2**
**BUDGETING & LABEL READING SESSION**
Where: Churchill Neighbourhood Centre
When: Tuesday 22 November
Time: 1-3pm
The budgeting session is an informal workshop that reinforces the central message of FoodCents – that healthy foods are usually much cheaper than unhealthy foods.
In this session participants will learn some tried and tested tips for saving money on your grocery shop while still purchasing healthy and nutritious food.

**Session 3**
**COOKING SESSION**
Where: Churchill Neighbourhood Centre
When: Tuesday 29 November
Time: 1-3pm
This session gets everyone into the kitchen preparing a few simple dishes that are quick, easy, provide good nutrition and are inexpensive.
Take home the “key” that makes your food bill come down fast and enjoy a tasty meal to top off your FoodCents experience!

Program cost: $5.00

Bookings required. Contact: Churchill Neighbourhood Centre
Address: Churchill Community Hub, 9 – 11 Philip Parade, Churchill 3842
Phone: 5123 3103

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**PRIDE FORMAL**

SUNDAY, NOVEMBER 12
VRI HALL, TRARALGON
18-20 QUEENS PARADE

LIVE MUSIC
ENTERTAINMENT
DOORS OPEN 6PM - 10.30PM
AGE OF ENTRY 12-25
FINANCIAL CATERING
DRESS CODE OPEN TO INDIVIDUAL EXPRESSION OF IDENTITY
FREE ENTRY

RSVP is a must for registration on the door Rsvp. Registration closes 20/10/2016
To RSVP call Natasha Morrell or 5136 8000 or email this: info@prideformal.org.au

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**RURAL Morwell Youth Forum**

It's all about young people
Turning ideas into action

Have a say on what's important to young people. Share your ideas for action. Help shape government policy and decisions.

Free pizza and giveaways!

When
Thursday 3 November 2016,
4 – 6pm

Where
Latrobe Community Health Service (LCHS)
81 – 83 Buckley Street, Morwell
(Training Room – upstairs)

Get Involved
Sign up at www.pecvic.org.au/news/events
Whilst Kurnai College is happy to include Community Announcements in our newsletters - please understand Kurnai College is not involved in the organisations or the running of any these community events.

**Save the Date**

**December 12, 2016**

10am—2pm

**Kurnai College Awards Ceremony**

You are invited!