Hello Everyone

It’s been a very fast and busy term with so much going on that sometimes the weeks seem to just fly past. We have only two weeks before the holidays. There’s a lot of work to be done between now and then and many students are really gearing up for this.

Year 12 Structured Private Study
The Wednesday afternoon Structured Private Study sessions are going well with very high attendance rates and many students either catching up or consolidating their learning. Most students report that the sessions are very worthwhile and helping them keep up to date or to get a bit of extra help from their teachers on topics they struggle with. A number of teachers attend these sessions above their normal workload and I would like to thank them for their work in this. Students attending the SPS sessions are encouraged with a steady stream of fruit and biscuits. This week a raffle with cinema tickets as the prize was won by Emma Telford.

Parent Teacher Conversations
This term’s Parent-Teacher conversations will be held on Thursday 3rd April from 3.30pm till 7.30pm and Friday 10.00am till 12.30pm in the Precinct Library. Each booking is for seven minutes and we ask that these times are adhered to so that as many parents as possible will have the opportunity to discuss their child’s progress with the classroom teacher. If you feel you need a longer discussion then make an appointment with the appropriate teacher for another time.

Please book on Compass to make your appointments for these very important conversations.

A BBQ will be held from 4.30 to 6.00pm for everyone to take part in while they’re here.
Principals Message Contd…

Richard Bolt Visit
As part of their visit to the Latrobe Valley earlier this week, Richard Bolt (Secretary, DEECD) and Nick Pole (Assistant Secretary, DEECD) visited Kurnai College. This was a chance for him to meet with the Principal Team and hear about some of the programs that have been developed here and how they are linked to our underlying beliefs about what is important to our Learning Community.

Richard was clearly impressed with the work that teachers and principals have been doing to provide students in this area with a range of options to meet their individual needs and aspirations. As he said in an email sent to the College Principal, Anthony Rodaughan, “It was good to identify so many areas of common concern, including engaging students in years 7-9, forging trust with Koori families, connecting students to the world of work, formative and ongoing assessment, an integrated approach to student wellbeing, heeding the views of students on their learning, the importance of hands-on learning, and an ambitious approach to languages. I look forward to catching up with your progress and evolving plans in future.”

Tassie Trip
VCAL teacher, Brett Gay, and five students from the Senior VCAL program, returned today from a week in Southern Tasmania, near Carlton Beach, spent working on bushfire restoration projects. There will be more information and pictures in the next newsletter but a quick report from Brett and some of the students suggests that their experiences this week are the most rewarding they have had in education. We hope that Brett and the VCAL team are able to continue their work later this year.

Nello & Geoff

Everyday Counts
Please call our absence hotline on 5132 3843, preferably before 9:00 am if your child is not going to be at school. Please ensure you leave a message stating who the student is and the reason they are absent. This service is available 24 hours a day, 7 days a week. This will ensure that your child’s absence is recorded correctly and you don’t receive a phone call or text from our office. If your child is absent due to an appointment please make sure you get a medical certificate.

Zoe Plumb
Attendance Officer

Yr12 Outdoor and Environmental Studies
The Yr12 Outdoor and Environmental Studies Class went to Wilsons Promontory for two days to study Historical Relationships with specific outdoor environments. Students strolled to the summit of Mt Oberon which gave an amazing view and geographical perspective of Wilsons Promontory. Students undertook two surfing sessions with perfect if not a little too big, waves on the second day. Surfing skills definitely improved. An educational session conducted by a Park Ranger also offered educational outcomes. It offered students a fantastic break from school with good weather and let them link theory from the classroom to an actual environment. Well done to students and staff involved.
Positive Behaviour Support (PBS)

PBS Behaviours through the School

This year has seen a dramatic increase in student numbers at the University. As a result the areas that were once predominantly used by Kurnai students are now becoming more of a shared facility. Students as a whole have continued to show excellent behaviours in these shared areas, however it is important that these positive behaviours remain. There have been pockets of students leaving rubbish in the café area and a few who have been misusing equipment in the lounge, as always these behaviours are not what we expect from Kurnai students and conversations with management teams will continue if negative behaviours are on-going. For the vast majority who continue to show respect for their area, who show great leadership and role-model positive behaviours, the school is extremely appreciative and highly values your positive behaviours.

Year 12 Study Skills Assembly

An assembly was held last week reiterating the importance of having positive study habits. It isn’t enough, for those wanting to expand themselves, to just do homework. Students need to incorporate significant time into study (revising notes, making and studying flashcards, re-reading books, etc). Throughout the assembly the school also offered the best study tips to support the student memory, organisation of thoughts and revision for exams (slide attached) These ideas would have been said a number of times over the years to students in the room, however revisiting the ideas of study over the course of this year is vitally important.

The assembly also looked briefly at how we recall information, how we implant information into our memories, how to re-access this information – all very valuable concepts for the coming year. They were given an overview of the tricks that can aid short and long term memory as well as look at ways to maintain and develop their brain’s overall capacity. (Slide attached)

We hope that students take valuable information away from these sessions as they are aimed not only at better life skills, but enhancing their ability to achieve strong results in their VCE year.
Congratulations to our PBS Recipients

**Excellence**
- Kristy Bannister
- Maddie Anderson
- Robert Odgers
- Jessica Fossati
- Yi Ying Zhang
- Aliah Harris
- Freyja Hansch
- Dylan Day
- David Veldman
- Caiden Gill
- Maddie Young
- Sarah Ralph
- Cedar Martin
- Jeffrey Zheng

**Engagement**
- Zac Helyar
- Shannon Whadcoat
- Jade Howell
- Jye May
- Michael McAlister
- Naomi Taylor
- Bronwyn Slater
- Sam Giuliani
- Casey Lovell
- Sarajane Ballard
- Peter Harasmiuk
- Bryce Gardner
- Tristan Wilden
- Jessica Fossati

**Work Ethic**
- Hannah Humphrey
- Chloe Robertson
- Peter Thomas
- Sharmaine Hill
- Ashlee Mayer
- Jaymee-Lee McIntosh
- Quinton Cowell
- Brad Tyas
- Talicia Sokaluk
- Brandon Campbell
- Jorja Pendlebury
- Sarah Greenwood
- Wayne Rowley
- Ove McLeod
- Ben Lewis
- Sturt Notting

**Relationships**
- Thomas Mazae
- Stanley Wong
- Maddie Young
- Sam Soloman
- Ryan Peter
- Mel Hughes
VCAL News

Structured Workplace Learning

Structured Workplace Learning is on-the-job training during which a student is expected to master a set of skills or competencies related to their VCAL program. At Kurnai College VCAL students will complete their placements one day a week (either Wednesday or Friday, depending on their VET). Placements will commence at the beginning of Term 2 and run through until the end of the year. Students can opt to remain with the same employer all year or can complete this with a variety of employers.

Students are reminded that they must have all their paperwork completed and returned to the careers office by Friday 28 March. The required paperwork is available from the Careers Office. If you are having difficulty finding a placement, please see a member of the VCAL or Careers Team as soon as possible.

Workplaces required!

Students are currently looking for their structured work placements. They are seeking these in a vast variety of industries within the local area. Building and Construction, Automotive, Retail, Hair and Beauty, Child Care, Aged Care and Business Administration are popular options with the students. If your workplace is willing to take on a VCAL student for a short or long period of time this year or you would like more information, please contact Nicole Carder on 5132 3800 or carder.nicolette.r@edumail.vic.gov.au. All students complete OH&S units and the required documentation before commencing their placement.

by Nicole Carder, VCAL Co-ordinator

Year 12 Biology - Practical SAC

Students studying Unit 3 Biology began their extended practical SAC this week. Over the next two weeks they will conduct three experiments investigating membrane permeability, enzyme activity at varying temperatures and substrate concentrations and the efficiency of photosynthesis at different wavelengths of visible light. Upon completion of these experiments students will write a practical report and relate their findings to the biochemical processes that occur in cells. This can be a stressful time for the students but they are all handling it well ... so far.

Zoe Bormanis
Year 12 Biology teacher.
GippsTAFE
GippsTAFE will offer 4 Federation University degree programs in 2014 onwards.
- Bachelor of Sports Management,
- Bachelor of Education (Birth to Year 6)
- Bachelor of Applied Management
- Bachelor of Engineering.
This means they can now offer pathways from Cert IV to Diploma to University in these areas.

JMC: Are you interested in a career in Digital Media, Music, Film & TV?
They will be holding school holiday workshops in July at a cost of $10 for students – please book early.
These workshops will cover audition lessons, mock auditions and interview hints.
For more information call:
1300 410 311

Monash University
Monash University will hold regional information evenings in the area rather than attend careers Expo’s at schools in the evenings. Dates and locations as follows:
22nd May – St Paul’s Warragul 6:30pm
These sessions will cover costs, accommodation, course and advantages of studying at Monash.
Monash has an online booking system for attendance at events and they can supply brochures for a stand for when they are unable to attend.

Year 12 Melbourne Universities Excursion
Wanted – Expressions of Interest
An overnight excursion on Thursday the 15th and 16th of May is planned for Year 12 students who have a genuine interest in attending University next year. The Universities we will be visiting are:
Monash University, Deakin University, Victoria University, RMIT, Melbourne Uni and Latrobe.
Places are limited to 40 students – Sign up in Careers Office.
Cost: Approx. $45
See Kylie / Cherie for more information in careers room.
Career & Pathways News Cont..

The Annual ‘Age’ VCE and Careers Expo 2014 is coming up soon

There will be around 190 exhibitors offering advice, Information and Resources for VCE study, information about University, TAFE and Training Courses, Career advice, Study advice and information about International Exchange and Gap Year Programs.

Save these dates
When: 9th of May.
Where: Caulfield Racecourse, Station Street, Caulfield.
Cost: $10 per student. (This covers ticket and bus).

All Year 11 VCE students from the Precinct Campus will be attending the Expo on Friday, May 9th. Permission slips will be sent home in the coming weeks.

More ‘At Monash’ Dates
Architecture (Caulfield) Tues 29 April; Interior Architecture (Caulfield) Wed 30 April; Psychology (Clayton) Thurs 1 May; Medicine and Biomedical Science (Clayton) Tues 6 May; Law (Clayton) Wed 7 May. More dates and book: www.monash.edu/seminars.

Check out La Trobe University in the Holidays
‘Experience La Trobe’ takes place in April, June and July each year. The event is structured around discipline-based workshops. This is a great chance for future students to chat to La Trobe staff, to be a University Student for a day, and to pick up course information. The first event for 2014 is on Friday 11 April (Melbourne Campus). For details, other Campus dates and to book see: www.latrobe.edu.au/experience.

Check out The University of Melbourne in the Holidays
A Day at Melbourne’ will be of interest to anyone considering studying there. It will provide an opportunity to explore the Parkville Campus and find out about study options, hear from current students, find out about entry requirements, course structures and other opportunities available. You can include a tour of the Southbank Campus (Victorian College of the Arts) if you wish. When: 10am-3.30pm, Fri 11 April; Register: www.futurestudents.unimelb.edu.au/events, or call 13 MELB for information.

Meet Melbourne Uni in Warragul
The University of Melbourne will be visiting Warragul to give students, teachers and parents in the area the chance to talk to their friendly staff and find out more about:
- Courses and Career outcomes
- Scholarships and Course costs
- Access Melbourne (guaranteed entry for eligible students)
- Housing and Accommodation options

When: Wednesday 26th March from 6pm – 8:30pm
Where: West Gippsland Arts Centre, Corner of Albert and Smith Streets, Warragul

Register now at: futurestudents.unimelb.edu.au/meetmelbourne
Scholarships for Excellence
The inaugural VU Chancellor’s Scholarships for Excellence were awarded to fifty-four students from schools across the state who qualified for the new scholarship with an ATAR over 90. These high achievers will receive leadership training, individual mentoring by corporate leaders and internship opportunities. These new scholarships complement the University’s existing Achievement and Access Scholarships. See: www.vu.edu.au/scholarships.

Event Management
VU’s Bachelor of Business (Event Management) Graduates are highly sought after. The three year course helps students develop the skills to design, plan, create, implement, manage, and market events of all shapes and sizes. Extensive industry placements are an integral part of the program, giving valuable practical experience. The Tourism and Events Industry is one of Australia’s largest employers with the demand for conference and event organisers expected to grow strongly. Enjoy a diverse career working with Festivals, Conferences, Exhibitions and Community and Sporting Events.

University of Canberra at Holmesglen Institute
Did you know that it is possible to obtain a University of Canberra Degree, studying through Holmesglen Institute? For example, this year Holmesglen is offering the University of Canberra’s Bachelor of Interior Architecture. The program will give students the skills to plan, design, detail and supervise the construction of industrial, retail and residential building interiors. See: http://www.canberra.edu.au/melbourne.

So you want to become an Accountant?
Accountants analyse financial dealings of organisations, and give advice about meeting legal requirements and the keeping of financial records. Some specialise in certain areas such as Auditors, Investment Analysts, Cost Accountants and Taxation Agents.

Accountants qualify by studying at University for a Bachelor of Business or a Bachelor of Commerce with a ‘major’ in Accounting, or a Bachelor of Accounting. When selecting the degree you wish to study, it is important to check that it is possible to study for an Accounting ‘major’ in that particular degree.

Some Universities require Units 3 & 4 Maths Methods as a prerequisite (Melbourne and Monash - Clayton Campus), Monash (Caulfield and Peninsula campuses) requires any Maths, while other Universities (eg ACU, Deakin, Swinburne, La Trobe, RMIT & VU) have no maths requirement. With some further study, Graduates can qualify for entry to the Institute of Chartered Accountants in Australia (ICAA) CPA Australia or the Institute of Public Accountants (IPA).

Some universities offer Scholarships to study Accounting. For example, Monash University offers the Bachelor of Accounting with a $16,000 Scholarship, Industry Placements, and Mentoring.

Federation University offers the Industry Placement Program to students in relevant degrees with a 6 month industry placement and a $15,000 scholarship.

Swinburne University offers the Bachelor of Business (Vice-Chancellor’s Scholarship) where a major in Accounting can be studied, and similarly in the Bachelor of Commerce (Chancellor’s Scholars Program) at the University of Melbourne.

Some large accounting firms such as KPMG and Ernst & Young offer Traineeships to those wishing to qualify as Accountants. These involve studying part-time and working at the Accounting firm part-time. Valuable experience is gained while studying. Applications and interviews for the traineeships occur later in the year.

Is it also possible to study accounting at TAFE. However, these qualifications will qualify you to work as a bookkeeper or payroll clerk, for example, not as an Accountant. TAFE qualifications can, of course, be upgraded to university qualifications, usually with credits for previous study undertaken. For more information see: www.cpaaustralia.com.au, www.charteredaccountants.com.au/students; www.publicaccountants.org.au
Upcoming Excursions / Camps

To ensure the smooth organization and running of camps and excursions we request that permission forms and payments be returned to the school by the due date on the permission form. This enables the purchase of train tickets, food and venue tickets etc. in a timely manner.

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Cost</th>
<th>Date Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inverloch Surf Camp</td>
<td>Mon 24 - Tues 25 March</td>
<td>$90</td>
<td>Closed</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Fri 28 March</td>
<td>$7</td>
<td>Wed 26 March</td>
</tr>
<tr>
<td>Melbourne Zoo - 1 Session</td>
<td>Mon 31 March</td>
<td>$36</td>
<td>Mon 24 March</td>
</tr>
<tr>
<td>Mitchell River Hike</td>
<td>Mon 28—-Tues 29 April</td>
<td>$40</td>
<td>Tues 22 April</td>
</tr>
<tr>
<td>Mount Hotham Ski Camp</td>
<td>Mon 21 - Fri 25 July</td>
<td>$860</td>
<td>Closed</td>
</tr>
</tbody>
</table>

Kurnai College Four Pillars

Engagement: We actively participate in our own learning
Excellence: We do the best that we can do
Work Ethic: We are committed to working hard
Relationships: We value and respect each other

Receive your Kurnai Newsletter by email

Email: pulis.georgina.g@edumail.vic.gov.au (subject: Kurnai Newsletter)
Up and Coming Performances
Monday 31st March – 6:30pm at Churchill Campus Theatre

Groups featuring:  
The Afterschool Band,  
Year 7 Brass-In-Class and Vocal Groups

Donation entry

Kurnai Idol Auditions
Auditions will be happening across each Campus prior to the end of term. Individuals wanting to audition need to prepare ONE song to be sung without any musical accompaniment. Auditions will occur during lunchtimes on the following days:

Morwell Campus – Monday Lunchtime (24th and 31st March)
Precinct Campus – Monday Lunchtime (24th and 31st March)
Churchill Campus – Friday Lunchtime (28th March)

Performance Review

Students enrolled in Year 11 and 12 VCE Music Performance class at the Precinct Campus were treated to a concert at the Melbourne Recital Centre, which featured performances by the Year 12 students of 2013, performing items from their End-Of-Year examination.

The calibre and musical diversity of the concert was great. The concert showcased a diverse variety of musical solos and ensembles that can be created within the VCE subject ie. a classical trio consisting of Violin, Cello and Piano, to a Percussion Ensemble and other featuring Jazz, Soul, Rock outfits, as well as Drum Kit soloist.

Students got the opportunity to meet some of the performers at interval and got some insider tips to get the best possible results.

Working Partnerships
This year sees the implementation of the Year 7 Brass in Class music class at Churchill Campus. Through the partnership with the Latrobe City Brass Band, a class set of brass band instruments have been made available so that students can select the instrument of their choice and literally put into practise their music reading and creating skills onto the instruments each student has chosen to learn.

All Year 7 classes will eventually have the opportunity in participating in this class throughout the year. Students get the choice of learning the Trumpet, Cornet, Tenor Horn, Trombone, Baritone, Euphonium and Tuba, with a performance at the end of the term.

Recently Kurnai College purchased a number of instruments from the Morwell Salvation Army to add to the Brass In Class group of brass instruments. Both organisations have been assisting each other through music activities for a number of years. Pictured from left to right are Lt Ashley Proctor- Salvation Army Corps Officer, Joseph Bonnici- Kurnai College Music Director, and Peter Roberts- Salvation Army Creative Ministries Director.
Hi I am Bridgette Hutchinson the new School Nurse. I will be at the Gippsland Educational Precinct on Thursday afternoons. I will be assisting Teachers to provide health information to students and am available to see students if they have any health concerns that they would like to discuss. I can provide information and advice on:

- Sexuality and contraception
- Healthy lifestyles diet and exercise, personal hygiene
- Mental health issues: anxiety, depression, low mood, managing stress
- Drug and alcohol use or any other health issues that are bothering you

I can provide support, information and advice on stopping smoking.

I also work in the School Nursing Program in South Gippsland and have a background in Drug and Alcohol treatment and Community Nursing. I have two teenage sons and a baby daughter.

I look forward to seeing you.

Hutchinson.bridgette.b@edumail.vic.gov.au

---

**Self-esteem**

- Self-esteem influences how someone feels about themselves and this can infiltrate every aspect of their life.
- Low self-esteem can be a learned behaviour, or can stem from some personal experience that has made a person low in self-esteem.
- Poor self-esteem can easily develop from everyday difficulties, whether at school, at work, or in relationships.
- Higher self-esteem makes it easier to stay on top of daily life, and leads to higher levels of happiness and wellbeing.

**Negative Body Image**

- Body image is the perception that a person has of their physical self, but more importantly the thoughts and feelings you experience depending on what you think about your body. These feelings can be positive, negative or both.
- We can change some things about the way we look, but not everything: your height, bone structure and muscle composition are determined by your genes – this is the way you were born. Unless you are twins, two people are not born to look the same way.
- Trying to change your actual appearance can be really hard and exhausting and can leave a person frustrated, distressed and even in serious mental and emotional distress.
- When a person has negative thoughts and feelings about his or her body, body dissatisfaction can develop and sometimes lead to an eating disorder.
- Eating disorders are a complex mental illness, involving serious physical, mental and social impairment – they are not a lifestyle choice or a diet gone ‘too far’.
- People with negative body image can become fixated on trying to change their actual body shape. This can lead to people engaging in unhealthy practices with food and exercise with the hope that the change in body shape will alleviate negative feelings. These practices do not usually achieve the desired outcome (physically or
Newsletter Precinct Campus

Community News

**baseball come ‘n’ try**

*Exercise and Fresh Air*
*Friendship * Fun *Teamwork*
*Individual accomplishment*
*You can always make a comeback*

**Braves**

Juniors
ages 6-17 yrs
9.00 am - 4.00 pm
Train your skills
Learn the rules
Play a match
followed by a BBQ
Seniors 18+ welcome

For further information please phone
Shane Gill 0481 080 977

---

**FAMILY FUN DAY**

Gold coin entry
SATURDAY 29TH MARCH 10am till 4pm
Twin city archery club, Toners Lane, Morwell

RAFFLES
DRINKS POP CORN
FACE PAINTING WAGON RIDES
JUMPING CASTLE
ARCHERY DISPLAY COME AND TRY
EMERGENCY SERVICES DISPLAYS
CLOTHING FOOD STALLS
HAIR AND BEAUTY FAIRY FLOSS
HANDMADE EMERGENCY SERVICES TREATS
ARTS AND CRAFTS STALLS HANDMADE
CHAIR ‘O’ PLANE CUP AND SAUCER RIDE
MECHANICAL BULL SIDE SHOWS
MECHANICAL BULL SNOW CONES

GAMES (GOLD COIN ENTRY):
SACK RACE, EGG AND SPOON RACE, 3 LEGGED RACE, WATER BALLOON CATCHING AND GUMBOOT THROWING.

PRIZES FOR WINNERS.

For further info call:
Tammey on 0429857151 or Chantel on 0407558843
Or email: pr@twincityarchers.com.au

---

**Get Fit - Play Tennis**

**ROUND ROBIN and TOURNAMENT**

Manning Drive, Churchill

**Churchill Tennis Club**

Monday April 14, 2014

Never played before?
Come along and have a go in a relaxed and friendly environment.

9.00 am - 1.00 pm
Non-competition players

1.30 pm - 3.00 pm
Competition players

Heaps of trophies to be won
School Holiday Fun

Sausage Sizzle

---

Page 12