

Newsletter Morwell Campus

Date: 9 August 2013



Key dates:

Thu 15 Aug	College Athletics Day
Fri 16 Aug	Year 10 Careers Expo
Fri 16 Aug	HPV Fundraising Out of Uniform Day
Tue 20 Aug	Year 8A & 8B Loy Yang visit
Tues 27 Aug	Year 8C & 8D Loy Yang visit
Wed 28 Aug	Year 10 –11 Course Selection Counselling
Sat 31 Aug	Year 7 Winter Sleepout
Mon 9 Sept– Fri 13 Sept	Year 10 Sydney Camp
Tue 10 Sept– Sat 28 Sept	Year 10 China
Fri 20 Sept	Last Day Term 3
Mon 7 Oct	First Day Term 4
Mon 7 Oct–Fri 11 Oct	Year 8 Karoonda Park Camp
Mon 14 Oct– Fri 18 Oct	Year 9 Melbourne Discovery Camp



College Principal
Anthony Rodaughan

Campus Principal
Michelle Reid-Metcalf

Morwell Office
Contact details:
PH 5165 0600
PO BOX 3411
MORWELL BC 3841

School hours: 8.25am - 2.50pm
(Students are supervised from
8.10am to 3.00pm)
Office hours: 8.00am - 4.00pm

Attendance Hotline:
PH 5165 0602

Message from Campus Principal - Michelle



To get the latest news join
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kurnaicollege](http://www.facebook.com/kurnaicollege)

Compass

This year we have been implementing a student management software package called “Compass”. We use this program to monitor attendance and will quite soon be using it to record incidents involving students, and reports. Teachers will also start posting lesson plans and other information about what is going on in their classes. The program also allows parents to book in parent teacher conversation timeslots which should reduce the frustration of having to wait for long periods to see your child’s teachers.

The exciting thing about Compass is that you, as parents and carers, will be able to log on to the program to view the information relevant to your child. The environment is secure and protected by passwords that only you will know.

We will continue to put updates in this newsletter, and we also plan to have an information session one evening in the near future where we will explain in more detail how Compass can be used at home by you and your students, and we will help people to log on, as well as give instructions on how to log on at home.

Message from Campus Principal - Michelle continued...

Bring Your Own Device” (BYOD)

Next year the College is moving towards a BYOD model for ICT. This means that students in all year levels will be able to access the internet via the device of their choice.

At the Compass information session outlined above, one of our ICT gurus will give information about what sorts of devices are most suitable, and what sorts of things the students will be doing with their devices. This information will also be available via this newsletter.

From the teachers’ perspective, we are launching in to a learning program about how to get the most out of students having access to these devices, as we will want students to do much more than type assignments and make PowerPoints.

College Athletics

As you will be aware by now, the College Athletics carnival has been postponed until next Thursday 15th August.

When the decision to postpone the carnival was made, the forecast was for thunderstorms and hail. As I write this, there seems little likelihood that this will happen. I guess that’s the fickle nature of the weather for you. Let’s hope that next Thursday is a great day.

Year 7 News

This week, Year 7 students received the permission forms for the Winter Sleep Out on 31st August. There has been much hype from the cohort with regards to the activity and we are really looking forward to running it. It is fantastic to have so many staff prepared to give up their time to help the Year 7s build their experience of the world around them and so many students prepared to try a new experience.

Back in the classrooms, we are encouraging the students to come to class prepared to work. We still face a number of students arriving without workbooks or pens. It is essential that students have the necessary resources to engage in their work. If there are any difficulties organising these, students can see me in the mornings before classes begin for assistance.

Kids Teaching Kids

Year 7 Team are preparing for the Kids Teaching Kids event to be held on Monday 9th September.

There will be five schools coming to participate on the day, including Morwell Park Primary School, Tobruk Street Primary School, Commercial Road Primary School, Kurnai College's Churchill Campus and St Vincent de Paul Primary School.

The Year 7 student presenting teams are preparing their lessons to engage the classes in a range of activities, from art making, food ideas for lunch boxes, planting, composting, Koorie dancing, the water cycle, The Lorax and more, all related to the theme of sustainability.

Please ask your student if they are one of the presenters and ask them what they will be doing on the day.

We will also have other educators spreading the sustainability message, including Latrobe City Council, Gippsland Water, and GippsTAFE with their Energy Trailer.



We are very grateful to the wonderful sponsorship provided by Target. Paul Newnham, the local Target Store Manager, is delighted to be part of the Kids Teaching Kids event and has provided the Year 7 Team with some great insights to the sustainable practices of the Target store.

See the photo above of Paul in front of the recycling cardboard skip with Dan Swallow and Barb Wiegandt. This is one of many sustainable practices that Target implements as part of their environmental management plan.

Lisa Benn

On behalf of the Year 7 Team



Daniel Swallow
Year 7 Team Leader
swallow.daniel.d@edumail.vic.gov.au
Phone: 51 65 0600

You will soon receive reports indicating your child's progress. I strongly encourage you to contact teachers if you have any concerns about any aspects of the reports. I welcome you to contact me to discuss your child's overall education.



To find out more about Kids Teaching Kids visit www.kidsteachingkids.com.au



Year 8 News

Karoonda Park Camp

The permission forms for the Year 8 Karoonda Park camp are due back. The camp will take place from 7th to 11th October. It will involve a visit to both Buchan Caves and Lakes Entrance. Students will have opportunities to participate in a range of activities such as rock wall climbing, rafting on the Snowy River and horse riding.



Karen Anders
Year 8 Team Leader
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Loy Yang Visit

AGL has funded a site visit to Loy Yang with a careers focus. There will be no cost for the excursion. It is expected to take around 2 hours for each session. 8A and 8B will be participating on Tuesday 20th August. 8C and 8D will be participating on 27th August.

German Poetry Year 7 and Year 8

Some of our German students go to the German Poetry Competition this week. They've been working hard on learning their poems for quite a while now. We wish them luck and are sure they'll do well.

Kurnai College Four Pillars

Engagement: *We actively participate in our own learning*

Excellence: *We do the best that we can do*

Work Ethic: *We are committed to working hard*

Relationships: *We value and respect each other*

Year 9 News

Dear Parents

I would like to take this opportunity to introduce myself. For the remainder of the year I will be the contact person for matters concerning Year 9 students. Please feel free to phone or email me with any questions or concerns.



Cleo
Lazaris
Year 9 Team Leader
lazaris.cleo.c@edumail.vic.gov.au
Phone: 5165 0600

Job Skills Expo

As the first step towards our transition into Year 10, the Job Skills Expo held last week proved to be a valuable experience for our Year 9 students. There were many exhibits and displays by businesses and organisations from all over Gippsland. Students were able to collect information regarding pathways and courses in which they have an interest, not to mention the many freebies on offer! The seminars were engaging and gave students an insight into the many facets of various industries. I urge students to take up these opportunities as they become available so that they are able to make informed decisions about their future pathways.

HPV—(Human Powered Vehicle)

Kurnai College participates in the RACV Energy Breakthrough Human Powered Vehicle race, held in Maryborough, Victoria, each year.

This is one of the biggest events held for students in Australia with hundreds of schools participating, from primary schools through to senior secondary.

There are numerous events run during the four days but all have a focus on the environment and alternative energy sources.

Throughout the year students prepare and train for the event,

with Maryborough being the opportunity for them to display their efforts.

Four girls and four boys make up the team, and they need to give a presentation in front of a panel of judges and explain what they have learnt during the journey.

The team also has to put their vehicle through scrutineering to prove it is road worthy and that they understand the race rules.

The final challenge is the race, pedalling a reclining (three wheel) trike bike for 24 hours around a 1.3 km circuit

against 90 other teams.

The HPV program is important for students to experience because it improves their skills with people, and mechanical work.

On **Friday 16th August** we are holding an out of uniform day to help raise money for the HPV program.

All the money we raise will be used to pay for equipment and our travel to Maryborough. The more money we raise, the less students will have to pay to participate, and it helps us purchase helmets, gloves, glasses, tyres and other essentials.

Year 10 News

Herald Sun Careers Expo

As you would have heard on many occasions and will continue to do so for the remainder of your school career, it is important that students are thinking about their future pathways and are making informed decisions. Many events have been organised to provide students with vital information as they embark on selecting subjects appropriate for their future pathways. One such event is the Herald Sun Careers Expo on 16th August. All students are encouraged to attend this event. The cost is \$10 and permission forms are due back on 15th August.

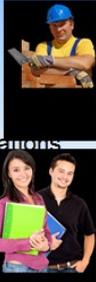


Cleo Lazaris
Year 10 Team Leader
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Phone: 5165 0600



200 exhibitors:

- career advice
- Information on Courses / Training / Apprenticeships and Traineeships
- FREE Entertaining Stage Demonstrations
- FREE 'hands on' Industry Skills Hub
- FREE Career Advice
- FREE Resume Advice



Transition Dates to note in your diary

Second Step : **14/8** at Morwell Campus

Careers Expo : **16/8** (permission forms due)

Course Counselling (to select subjects for Year 11) :
30/8 at Morwell Campus – more information to follow

Olympians Visit

On Monday 22nd July two athletes, Kaila McKnight and John Linke, from the Victorian Institute of Sport addressed the Year 10 students about leading a healthy lifestyle, how to overcome problems when you are faced with them and how you can achieve when you set yourself goals.

Kaila represented Australia at the London Olympics in the 1500 metres.

You can watch **Kaila** in action winning the Australian 1500 metres title prior to the Games -

<http://www.youtube.com/watch?v=JxU-SHWB7Ag>

John was very close to Australian selection last year (for the Games- there was a high prospect who would have been in a boat that won a medal) but his painful leg condition ended his selection campaign. John has now had five operations on his legs and most recently had his plantaris muscles removed which indicates the trauma he has been through in quest of his dream to compete at the Olympics.

The two athletes were very inspirational as they talked about their school life and the journey that they have taken to be where they are now.

We are looking forward to having more speakers from the VIS in the future.

Kim Woods

Year 10 News

English Studies

In English, all Year 10 students across the College are currently studying the theme 'Challenging social injustice can promote social change'. We have asked our students to think about the ways people can be upstanders and what makes some people become upstanders as opposed to bystanders. To support this work we were fortunate to attend a presentation by Ange Barker who discussed her experience with Violence. Ange is an example of someone standing up against injustice.

Ange Barker Visit 30/7/13

Ange Barker experienced domestic violence at the young age of 16. She was repeatedly hurt and beaten by her partner at the time. She ended up in a wheelchair and she practically had to start her life again. She had to learn how to walk, talk and many other things after her incident. Her heartbreaking story touched each and every one of our hearts. Ange's main aim was to inform all of us that domestic violence is real, it does happen, and that all of us need to be cautious of how we are being treated by those around us.

She told us her story for a reason. It wasn't to scare us, or to turn us against each other and the people we care about. It was to create awareness about the issue so that people can feel safe at home and everywhere else too. She expressed to us the importance of telling people before anything bad happens, because she didn't want us to make the same mistake that she did.

We all appreciated the talk very much and we learned a lot too. It was upsetting to hear about what she had been put through, but it was something that we will remember forever.

By Riley Low & Amy Radford

Relay for Life

Kurnai College has entered a team into the Latrobe Valley Relay for Life Cancer Council fundraiser on Saturday 19th October to Sunday 20th October at Gaskin Park, Churchill. If you would like your child to be involved then contact Kim Woods on 5165 0600.

Upcoming Excursions / Camps

To ensure the smooth organisation and running of camps and excursions we request that permission forms and payments be returned to the school by the due date on the permission form. This enables the purchase of train tickets, food and venue tickets, etc, in a timely manner.

Year 7/8 Swimming	22 July—Dec	\$0	Permission form was due by 11am 19/7/13 (now overdue)
Year 10 Career Expo	16 Aug	\$10	Permission form & money due by 11am 15/8/13
Year 8A & 8B Loy Yang Visit	20 Aug	\$0	Permission form due by 2pm 19/8/13
Year 8C & 8D Loy Yang	27 Aug	\$0	Permission form due by 2pm 26/8/13
Year 10 China Trip	10 Sept	\$2500 TBC	Permission form & balance of \$2500 due by 11am 20/8/13
Year 8 Karoonda Camp	7—11 Oct	\$400	Permission form & 2nd instalment of \$100 due by 11am 19/8/13
Year 9 Melbourne Discovery Camp	14—18 Oct	\$370	Permission form & 2nd instalment of \$125 due by 11am 19/8/13

Morwell & Churchill Gym Hire Available

The Morwell and Churchill Gymnasium currently has vacancies available for hire.

Morwell has Thursday & Friday nights available.

Liability Insurance proof of cover is required and Key deposit applies.

Contact Leonie Mackie on 5165 0600 for more information.

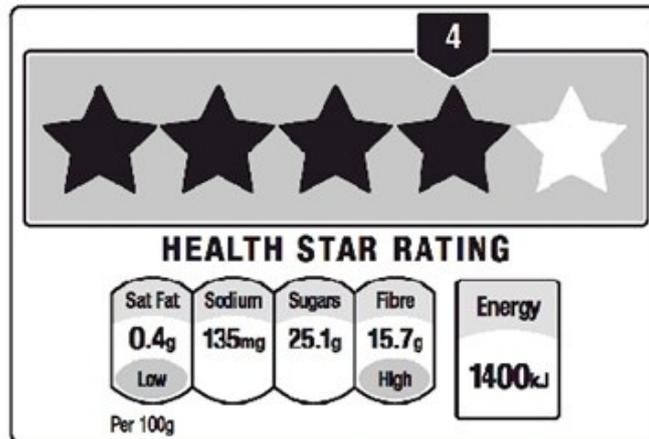
Notes from Nurse, Wendy Ruddell

“Today more than four million Australians are obese, and almost 10 million are overweight. Alarmingly, **one in four children is overweight or obese.**

The Minister for Health, Tanya Plibersek recognises that “Overweight translates into chronic diet-related diseases, hospitalisations and a significant rise in long-term health care” Some of the health conditions related to obesity and being overweight include diabetes, heart disease, and mental illness including depression.

To support people to make healthier choices, the government has introduced a star rating system. Packaged foods will feature a health star rating to assist consumers make informed, healthier food choices. The health star system will apply to packaged, manufactured or processed foods presented ready for sale.

The system will consist of a star rating scale of ½ a star to 5 stars. “In short, the more stars, the healthier the food. An example of the rating is shown below. Look out for this in your local supermarkets to help improve your health.



Further information regarding healthy food intake for you and your family are listed below.

<http://www.healthyeatingaustralia.com.au/>

<http://www.nutritionaustralia.org/national/resource/nutrition-teens>

<http://www.heartfoundation.org.au/Pages/default.aspx>

Local support can be obtained from Nutrition and Dietetics at Latrobe Community Health **1800 242 696 or your local doctor.**