Key dates:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed 30th October</td>
<td>Year 9 Orientation Day—Precinct Campus</td>
</tr>
<tr>
<td>Thurs 31st October</td>
<td>Halloween Dress Up Day— gold coin donation</td>
</tr>
<tr>
<td>Tues 5th November</td>
<td>MELBOURNE CUP PUBLIC HOLIDAY—SCHOOL CLOSED</td>
</tr>
<tr>
<td>Wed 6th to Fri 8th November</td>
<td>Year 9/10 Surf Camp</td>
</tr>
<tr>
<td>Thurs 21st to Fri 22nd November</td>
<td>Year 9 Edge Surf Camp</td>
</tr>
<tr>
<td>Thurs 28th Nov</td>
<td>Year 10 Formal</td>
</tr>
</tbody>
</table>

Message from Campus Principal - Matt

“The future depends on what we do in the present.”
Mahatma Gandhi

PARENT/TEACHER CONVERSATIONS

The Parent/Teacher Conversations held at the end of last term were very successful with overwhelming feedback that the appointment system was an improvement that we should keep. Also, the additional time made available for these important conversations over the Thursday evening and during the day on Friday was positively received. There were only a few parents who attended between 7-8pm and so we may review this and possibly add more time onto the Friday session as an alternative.

NAPLAN

Results from NAPLAN testing are being mailed home to all the Year 7 & 9 students who sat the tests earlier this year. Included with each set of results is an explanatory document to assist with interpreting the results. Further information regarding the NAPLAN testing can be found at the following website http://www.nap.edu.au/
2014 Course Selection

Team Leaders are currently planning for elective subjects that will be offered next year and students will be advised of the options and the selection process in the near future. Next year’s Year 10 students will also have the option of studying a subject at the Precinct Campus and will have an orientation day on the 30th October as part of the process of selecting that subject.

SRC Update

The SRC have been very busy raising money for the school as well as charities. In total we have raised over $1200 for both the school and for charities.

During the year we have had specific groups that we have raised money for. Term 1 we raised $350 for The Good Friday appeal. Term 3 we raised $150 for Jeans for Genes Day and $200 for Footy Colours Day Cancer research. We have also raised money that will benefit the students and the school. In Term 4 we will be raising money for Cerebral Palsy Australia. We would like to thank Woolworths Churchill who continues to support us when we have BBQs.

Halloween Day Thursday 31st October

The "Student Voice" team have decided that on Thursday 31st October, they will be running a Halloween themed dress up day with a gold coin donation.

At lunch time a sausage sizzle will be held also with prices to be noted on posters and at briefings in coming days. Proceeds will be going towards helping children with Cerebral Palsy, our students believe this to be a great reason to raise money and we ask that all Churchill Kurnai kids really get behind this and help support a great cause.
NEW STUDENTS 2014 BUS TRAVEL – CONTRACTED SERVICES

Kurnai College is in the process of completing student loadings for bus travel on the Contracted School Bus Services in your area for the 2014 school year. This process is so we can evaluate what services are needed to get as many students to school with the services we have available.

These services are for the following buses:-

- Boolarra Bus
- Hazelwood North Bus
- Hazelwood South Bus
- Yinnar Bus
- Whitelaw’s Track Bus
- Jeeralang Bus

If you have a child who will be in Grade Prep or who will be moving from primary to secondary school wishing to access these bus services in 2014, please ensure that you have submitted the appropriate bus form (TR701) to Kurnai College immediately. If you are unsure of this process, please contact Leonie Mackie or Fiona Fraser on 5132 3700 or email mackie.leonie.f@edumail.vic.gov.au.

To be eligible for free bus travel you must attend your closest government/denomination school and live more than 4.8km from your school.

MAGPIE SEASON

Magpie season is upon us and we would like to remind students to be very careful of swooping magpies and try to avoid their nesting areas as much as possible, especially around the lake. If you can’t avoid the areas, protect your head and eyes, with a hat or umbrella & move past quickly & calmly. Cyclists should dismount & walk. The Department of Sustainability & Environment has set up a website that allows Victorians to report swooping magpies as well as post their own photos & videos. Also on this website you can download large eyes to cut out and stick to the back of hats & helmets to try to ward off attacks from behind.
TERM 4 – TEACHING AND LEARNING FOCUS

Our focus for term 4 is to ensure that all classes are started in a prompt, focused and engaging manner. Student focus is to come to class with correct equipment, positive attitude and ready to start work straight away. Teacher focus will be on engaging and positive delivery of classes.

3 R’s

We have been constantly reminding students of the 3 R’s and will continue to do so, they are;

- Every student has the RIGHT to learn
- Every teacher has the RIGHT to teach
- Every other student has the RIGHT to learn

YEAR 8 STUDENTS – “WELL DONE”

The first 2 weeks of Term 4, Year 8 students have conducted themselves beautifully in form group and classes, responding quickly to listening to teacher instructions and promptly being ready for work.

The Year 8 teacher team are extremely happy with this progress. Let’s keep this up!!

DISCOVERY DAY – MONASH

Year 8 students have been invited to visit Monash University Gippsland Campus. This will happen on Wednesday 23rd October 9.30am – 12.30pm

The aim of the Year 8 Discovery Day is to expose students to a university campus through a variety of fun and interactive activities. Students will work in teams through a number of challenges and activities across different areas of the university. One aim of the day is for students to see university as an accessible and dynamic environment and perhaps plan this into their futures.

Straightalk FOR GIRLS

Tuesday November 12 will see 16 Year 8 girls go to Straightalk . Straightalk is an informal, no nonsense program that aims to extend students’ knowledge of employment options in their local community. Over a 2 hour lunch, students will have the opportunity to interact with adults who are locally employed and/or successful in the community. Students will hear about the experienced guests’ education, work and life experiences and the pathway they took to get to where they are today.
MIX IT UP

Just a reminder to all students and parents, “Mix it Up” permission forms and payment are overdue. Quite a number of students missed out on attending the roller skating ring this week. They remained at school completing theory on Tuesday, as they had not returned forms. In order for this class to continue to run we need all students to return these immediately. Thank-you

Breanna Kootstra-Denton and Vanessa Wilson show off their wares from Fabric and Bling.

---

2013 Christmas Card Design Competition

Do you have creative flair?

This year, students from years 7 to 11 and staff are invited to enter Kurnai College’s ‘2013 Christmas Card Design Competition’

TERMS AND CONDITIONS:
- winning designs will be printed as Christmas Cards
- there will be one winning entry from each year
- entries are to include our Kurnai College logo
- winners receive two movie tickets to Mid Valley Village Cinema
- you may enter the competition with a friend - max of 2 people (if your entry wins you will only receive two tickets)
- your entry must be your original work
- the judges decision is final and no further discussion will be entered into
- we love creativity! especially with an Australiana theme for our International Friends.

ENTRY FORMS ARE AVAILABLE FROM ART TEACHERS

PLEASE SUBMIT YOUR ENTRY TO YOUR CAMPUS OFFICE BY 3PM ON WEDNESDAY 23 OCTOBER 2013

KEY DATES:
- Entries close: Wed 23 October 2013 at 3pm
- Winners announced: Wed 20 November 2013

Kurnai College Pathways to Success
Year 9 News

Welcome back!

We welcomed all of our students back from holidays last week and it was interesting to see how much they have matured since the beginning of the year. I reminded the students that in six weeks time they will be the senior students at our campus and will be expected to be positive role models for all of the younger students.

Term 4

This term will be very busy for our Year 9 students. They will be given a lot of information about possible future careers and be asked to make decisions about their Year 10 and Year 11 studies. Students are also encouraged to begin the process of applying for work experience which they will do during Year 10.

We will all go up to the Precinct Campus on the 30th October to have an introductory tour of the campus and to learn about the Year 11 subjects on offer for Year 10 students in 2014. Students will then have the opportunity to select one of these subjects to study while they are in Year 10.

All of the Year 9 students will have an excursion to Loy Yang to learn about the various careers available there. This excursion will cover careers in hospitality and in office administration as well as careers in engineering and the trades. The excursions will be held on the 14th and the 19th November. They were organised by the Smith Family and are being funded by AGL at Loy Yang.

German Exchange

Six of our students were very excited recently to hear that they have been accepted for the 2014 exchange program to Bavaria in Germany. The lucky students are Jacob Hibbert, Tarna Flake, Chelsea Chambers, Fabienne Schoutens, Rachael McKenzie and Jordan Taylor. The German exchange partners will be arriving mid-February 2014 and staying for 10 weeks until Easter. Our students will return the visit for 10 weeks from November 2014 until the end of January 2015.

A reminder to call our absence hotline 51323703 preferably before 9.00 am if your child is not going to be at school. This will ensure your child’s absence is recorded correctly and you don’t receive a phone call from our office.
Year 10 news

China Trip

The Great Wall stands out as an icon of China. A group of our students were fortunate to be able to see it up close and admire the amazing views as so many people have done before. Another icon students enjoyed seeing was the Giant Buddha. But the main values of travel are the experiences we have and sometimes even the difficulties we overcome.

Before leaving, most students were anxious about the homestay portion of the trip. As it turned out, this was the highlight of many, with really being able to experience the culture, hanging out at night and letting off firecrackers. Riding motorbikes around Taijou felt exhilarating and the subway in Hong Kong was also very different from what they were used to. Some students enjoyed the attention they received from the locals, having their photos taken with local babies and their mothers. The relationships formed when travelling together can be lasting, and many students enjoyed getting to know students from the other campus. They are eager to begin their year 11 studies at the precinct and are looking forward to renewing those contacts soon.

The next 5 weeks will go by very quickly. Most of the German class will be flying off to their German Exchange families on the 23rd November. They are getting very excited and counting down the days to departure. Hopefully they will have a white Christmas. All students need to ensure they stay on top of their work in class and get their notes in order. Exams begin on 25th November. Students studying a Year 11 subject will also have an exam that week. The hard work of exam week will be celebrated with the Year 10 formal on the 28th November.

The Formal Committee is working hard to raise funds to subsidise the cost of the formal this year. The out of uniform day raised over $200 and Chip day will be held next Wednesday. More details will be given during form meetings.

Kurnai College Four Pillars

**Engagement:** We actively participate in our own learning

**Excellence:** We do the best that we can do

**Work Ethic:** We are committed to working hard

**Relationships:** We value and respect each other
To ensure the smooth organization and running of camps and excursions we request that permission forms and payments be returned to the school by 2pm on the return date on the permission form. This enables the purchase of train tickets, food and venue tickets etc in a timely manner.

<table>
<thead>
<tr>
<th>EXCURSION</th>
<th>DATE</th>
<th>COST</th>
<th>RETURN DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 9/10 Performance PE</td>
<td>Thurs 1st Aug to 19th Dec</td>
<td>$100.00</td>
<td>Permission forms and money are now <strong>overdue</strong></td>
</tr>
<tr>
<td>Year 8 Advanced PE</td>
<td>Mon 19th Aug to Mon 2nd Dec</td>
<td>$NIL</td>
<td>Permission forms and money are now <strong>overdue</strong></td>
</tr>
<tr>
<td>Year 8 Mix It Up</td>
<td>Tues 15th Oct to 3rd Dec</td>
<td>$40.00</td>
<td>Permission forms and money are now <strong>overdue</strong></td>
</tr>
<tr>
<td>Year 9 Action and Adventure</td>
<td>Wed 16th Oct to 4th Dec</td>
<td>$50.00</td>
<td>Permission forms and money are now <strong>overdue</strong></td>
</tr>
<tr>
<td>Healthy Together</td>
<td>Tues 22nd Oct to Tues 19th Nov</td>
<td>$NIL</td>
<td>Permission forms are due back by 2pm on Monday 21st</td>
</tr>
<tr>
<td>Relay For Life</td>
<td></td>
<td>$20.00</td>
<td>20th Oct</td>
</tr>
<tr>
<td>Year 9 Action Squad—Yinnar PS</td>
<td></td>
<td>$NIL</td>
<td>Permission forms are due back by 2pm on Wed 23rd</td>
</tr>
<tr>
<td>Year 9/10 Action Squad—Hazelwood</td>
<td></td>
<td>$NIL</td>
<td>30th October</td>
</tr>
<tr>
<td>North PS</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year 9/10 Action Squad—Churchill</td>
<td></td>
<td>$NIL</td>
<td>Permission forms are due back by 2pm Wednesday 6th</td>
</tr>
<tr>
<td>P5</td>
<td></td>
<td></td>
<td>November</td>
</tr>
<tr>
<td>Year 9/10 Action Squad—Churchill</td>
<td></td>
<td>$NIL</td>
<td>Permission forms are due back by 2pm Thursday 7th</td>
</tr>
<tr>
<td>North PS</td>
<td></td>
<td></td>
<td>November</td>
</tr>
<tr>
<td>Year 10 Mental Health— Melbourne</td>
<td></td>
<td>$37.00</td>
<td>Permission forms and money are due back by 2pm</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Wednesday 6th November</td>
</tr>
<tr>
<td>Year 9/10 Surf Camp</td>
<td>Wed 6th to Fri 8th Nov</td>
<td>$215.00</td>
<td>Permission forms and money are due back by 2pm on</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Monday 14th October</td>
</tr>
<tr>
<td>Year 9 Edge Surf Camp</td>
<td>Thurs 21st to Frid 22nd Nov</td>
<td>$71.00</td>
<td>Permission forms and money are due back by 2pm 6th</td>
</tr>
</tbody>
</table>
WELCOME TO
LOWES SCHOOLWEAR

Riggall’s Schoolwear will now be available from
Lowes Morwell
Mid Valley Shopping Centre (Opposite Millers)
Commencing
Wednesday 2nd October 2013

Full Eftpos, Lay-by Facilities Available

Lowes Morwell
Mid Valley Shopping Centre (Opposite Millers)
Corner Centre Valley Road & Princes Drive, Morwell, Victoria

TRADING HOURS
Monday - Wednesday 9am-5.30pm, Thur- 9am-6pm
Fri 9am- 9.00pm, Sat 9am- 5pm, Sun 10am- 4pm.
Year 9 Orientation Day – Wednesday October 30, 2013 at the Precinct Campus

Year 10 Kurnai students study one subject at the Precinct Campus. This is their first experience of senior schooling and it is a momentous step into the next stage of their lives. To help students make their decision about their Year 11 subject for 2014, Kurnai College, Precinct Campus, is running a program of subject information sessions and a tour of the campus on Wednesday October 30, 2013.

Brief descriptions of the subjects to be offered are included in this newsletter.

Students will arrive at their respective junior schools as normal for the start of the day and will then be escorted to the Precinct.

Students will attend three 30-minute sessions where teachers from the Precinct will explain what the subject involves and the types of skills and abilities required to succeed in these subject areas. During the sessions there will be time for questions so it would be a good idea to bring a pen and paper to record important information for later use. At the end of the information session they will fill out their selection sheet.

Students will be expected back at their campuses for Period 5 on Wednesday.

At the end of the Orientation Day students will complete a course selection form which they will hand in. They will also have a copy of their selection to take home. Please discuss the subject selection with your child and if you have any concerns please contact me.

We look forward to seeing all Year 9 students at the Precinct Campus on Wednesday, October 30.

Michelle Moore
Transition Coordinator
5132 3800
Accounting

Accounting is the process of recording, reporting, analysing and interpreting financial data and information which is then communicated to internal and external users of the information. It plays an integral role in the successful operation and management of a small business.

Environmental Science

Environmental Science investigates the interactions between natural and human systems. This study examines the application of environmental science to ecologically sustainable development and environmental management. While undertaking this study, students will develop skills in practical scientific investigations, environmental fieldwork techniques, report writing, research and analysis.

Health and Human Development

The study of Health and Human Development is highly recommended for the following career options; teacher, nurse, medical practitioner, dietician, childcare or health care worker. The study promotes the understanding that nutrition plays a major role in influencing both health status and individual human development.

Information Technology

Information Technology focuses on the processing of data and the management of information and information systems. The study of VCE Information Technology encompasses information systems and how people interact with information technology to create structured information and to connect with others to exchange information.

Music Performance

Music is an integral part of all cultures and societies, both contemporary and historical. The study of music develops students' understanding of artistic processes and contributes to the development of the aesthetic, cognitive, psychomotor and affective domains. Music offers students opportunities to engage in the practice of performing, creating and studying music that is representative of diverse genres, styles and cultures. (Approval from the head of music is required for this subject)

Outdoor and Environmental Studies

Outdoor and Environmental Studies is a study of the ways humans interact with and relate to natural environments. This unit is a combination of both practice and theory and does include additional costs in relation to excursions.

Psychology

Psychology is the scientific study of mental processes and behaviour in humans. Biological, behavioural, cognitive and socio-cultural perspectives inform the way psychologists approach their research into the human condition.

The study of psychology leads to opportunities in a range of careers that involve working with children, adults, families and communities in a variety of settings.

Studio Art

VCE Studio Arts encourages and supports students to recognise their individual potential as art makers and presents a guided process to assist their understanding and development of art-making. The study establishes effective art practices through the application of an individual design process to assist the student’s production of a folio of artworks.

Work Skills (VCAL Foundation level subject)

In this unit you will develop your employability skills. These skills include communication, problem solving, self-management, technology and team work. You will learn about safe work practices, further education options, job seeking, conflict resolution in the workplace and find out about different work industries.
Making it Possible!
A WORKSHOP FOR PARENTS OF CHILDREN 0-18 YEARS OLD

Learn how you can think, plan and achieve goals for your child and family

Gippsland Region:
Bairnsdale
Date: Wednesday 30th October 2013
Time: 9.30am – 2.45pm
Venue: Bairnsdale Neighbourhood House
27 Dalmahoy Street
Bairnsdale 3875
To Book: http://www.trybooking.com/45634
or contact our office

Traralgon
Date: Thursday 31st October 2013
Time: 9.30am – 2.45pm
Venue: GippsTAFE Academy Conference Centre
Princes Highway, Traralgon 3844
To Book: http://www.trybooking.com/45637
or contact our office

Cost: $20 per person – members*
$40 per person – non-members
Morning tea & light lunch included

*Membeship is free for the first 12 months, so ring the office to apply.

Build on the strengths and skills you already have as a parent to create a fulfilling life with choices, purpose, friendship and happiness!

Our presenters are parents themselves, so they understand the issues families face

Association for Children with a Disability
For more information phone 0818 2000 or 1800 854 013 (rural callers)
Email mail@acd.org.au or visit our website www.acd.org.au
How to stress yourself out

Getting stressed is pretty easy really. Most of us can manage it all by ourselves without any outside assistance. Just in case you need help in increasing your stress levels here are a few sure-fire tactics you can use.

Sleep less
Not getting enough zzzs will make you cranky and wired. You need at least eight hours of sleep to function well. At times of pressure you may even need more. Sleep resets our hormone levels and protects us against stress and depression.

Drink energy drinks
Just one of these drinks elevates your levels of adrenaline (a stress hormone) to five times the normal level for five hours after drinking. These drinks are often high in caffeine, aspartame and sugars all of which increase your stress levels. Add to that eating a lot of junk food that is full of carbohydrates and you’ll have a brain that is not only stressed out, it will also feel sludgy and tired.

Be inactive
Sitting around doing nothing can be great but if you are already a bit stressed, it will help the worries to build and circle like vultures.

Isolate yourself
You’re a big powerful person right? You don’t need help from anyone else. Pretend that:
- no one else on earth has ever felt this way and they have no useful ideas that could help you in any way; and
- even if you did ask them they wouldn’t care enough about you to help.

When you are really stressed you can’t think straight so to rely on yourself alone to sort things out is one of the best ways to make sure your worries continue.

Thinking about the outcome not the process
Focusing and worrying about final exams, upcoming performances or future social situations will not only increase your stress it will fill you with dread as well.

Work Harder
The logic here is that if working harder got you into this state, it is going to take even more hard work to get you out of it. Especially crazy, but if it’s feeling stressed that you want, this is a good way of getting it.

Escape into computer games
Playing computer games can be a good distraction. Play them for a long time and you will end up feeling wired and listless.

Talk about being busy
We can talk ourselves into being stressed. Telling everyone how busy and tired you are becomes a way of increasing your own sense of being wired and exhausted.

Facebook Fretting
Once you are feeling stressed go on Facebook and check other friends’ Facebook profiles. Seeing all the fun stuff they’ve been doing while you’ve been worrying, should help you to feel much, much worse. .